

# 2025 AATH Conference & Humor Academy Schedule At-A-Glance

## Wednesday, April 30 - Welcome Humor Academy

6:30 - 8:00 p Lakeshore Foyer Humor Academy Check-In

## Thursday, May 1 - Humor Academy Day

8:00 - 8:30 a Lakeshore 123 All Academy Welcome

8:30 - 11:30 a  
 University E Humor Academy Instruction  
 HA Level 1 Instruction w/Mary Kay Morrison CHP  
 Lakeshore 4 HA Level 2 Instruction w/Michael Cundall CHP  
 University A HA Level 3 Instruction w/Karyn Buxman CHP  
 Lakeshore 123 CHP Professional Growth w/Mary Laskin CHP  
 Humor as Tikkun Olam: Repairing the World w/Joyce Saltman CHP  
 Exploring the Latest Research on LaughMD w/Frank Chindamo CHP  
 Dr. Seuss Tonight! w/Jim-Bob Williams CHP

11:30 a - 12:30 p University BCD Humor Academy Peace Luncheon

12:30 - 1:00 p  
 BREAK  
 All Conference Attendees Invited to Attend the HA Program

1:00 - 2:45 p Lakeshore 123 Humor Academy Project Presentations

3:00 - 4:00 p Lakeshore 123 **HA Keynote:** TBD w/Brenda Elsagher CHP

4:30 - 6:00 p Lakeshore 123 Humor Academy Graduation

6:00 - 7:30 p Lakeview Room AATH Welcome Reception

7:30 - 9:00 p Lakeshore 123 Talent Show

## Friday, May 2 - Conference Day 1

8:00 - 8:30 a Lakeshore 123 Conference Opening

8:30 - 9:30 a Lakeshore 123 **Keynote:** Mind Over Mirth: Exploring Cognitive Behavioral Theory and the Power of Humor w/Robin Johnson CHP

9:30 - 9:45 a  
 BREAK

9:45 - 10:45 a  
**Breakout Sessions - Choose One**  
 University A Leading with Laughter: How Humor Built, Saved, and Sustains AATH w/Roberta Gold & AATH Past Presidents  
 University E 1-2-3 A-B-C See How Fun AATH Can Be w/Merry Mentors  
 Lakeshore 4 Finding the Funny In Life's Mishaps w/Gina Ramsey

10:45 - 11:00 a  
 BREAK

11:00 a - 12:00 p  
**Breakout Sessions - Choose One**  
 University A Laughing Our Way Towards Peace: Envisioning a Peaceful Future through Laughter, Humor, and Play w/Peace Fellows Team  
 University E Impotence, Incontinence and Insolence: Fun and Facts About Coping with Prostate Cancer with Hope and Humor w/Dr. Brad Miller  
 Lakeshore 4 Can Humor Help Make a Town Happier? w/Kate McGlynn

12:00 - 12:30 p Lakeshore 123 Humor Academy Poster Walk

12:30 - 1:30 p  
 LUNCH

1:30 - 2:45 p Lakeshore 123 Research Showcase

3:00 - 4:00 p  
**Breakout Sessions - Choose One**  
 University A How to Use Humor Safely and Effectively w/Patrick Harris  
 University E Flipping Funny: Turning Frustrations, Fury and Fear into Funny w/Mallori DeSalle and Tamara Hamilton  
 Lakeshore 4 Seeing Demise Thru Humorous Eyes w/Allen Klein

4:00 - 4:15 p  
 BREAK

4:15 - 5:15 p	Lakeshore 1213	<b>Keynote:</b> Ed Talks: Telling the Emperor He Has No Clothes Without Losing Your Head: The Role of Irreverence in Therapeutic Humor w/Ed Dunkelblau, Ron Berk, Dr. Michael Cundall, Jr., and Olga Karasik
5:15 - 7:00 p		BREAK - Dinner on Your Own
7:00 - 9:00 p	Lakeshore 123	Timeless Memories Reunion
9:00 PM	Walden	AATH Lifetime Members Dessert Reception

## Saturday, May 3 - Conference Day 2

8:00 - 8:30 a	Lakeshore 123	Grins & Gratitude: Honoring our Scholarship and Fellowship Recipients and Sponsors
8:30 - 9:30 a	Lakeshore 123	<b>Keynote:</b> NeuroSpicy: Love, Life, & Comedy on the Spectrum w/Dr. Sam Shay, DC, IFMCP
9:30 - 9:45 a		BREAK
9:45 - 10:45 a		<b>Breakout Sessions - Choose One</b>
	University A	The Use of Dark Humor for Wellness in Law Enforcement and Other Difficult Work w/Dr. Melissa Mork
	University E	NeuroSpicy: Love, Life, & Comedy on the Spectrum w/Dr. Sam Shay, DC, IFMCP
	Lakeshore 4	“Happy Lucky Me” How to make serious Japanese more playful w/Masako Kusakari
10:45 - 11:00 a		BREAK
11:00 a - 12:00 p		<b>Breakout Sessions - Choose One</b>
	University A	Laugh Therapy w/Matthew Sharpe
	University E	Back to Humor Through Generations Alpha, X, Y, Z, and Beyond w/Debbie Derflinger & Patti O’Rourke
	Lakeshore 4	Indigenous Humor Meets Modern Technology: The power of YouTube for promoting peace through humor w/Dana Kristiawan & Stephanie Knox Steiner, PhD
12:00 - 1:15 p	University BCD	LUNCH & AATH BOARD ELECTIONS
1:15 - 1:30 p	University BCD	Say Cheese! AATH Group Picture
1:30 - 2:30 p	Lakeshore 123	<b>Keynote:</b> Living Fearlessly Daily: 15 Steps To Manifesting A Fearless Approach To Leadership And Life w/Saranne Rothberg
2:30 - 2:45 p		BREAK
2:45 - 3:45 p		<b>Breakout Sessions - Choose One</b>
	University A	Strengthening Your Resiliency: Making the Most of Life’s Challenges through Improv w/Mary Jo Neil
	University E	Wait a minute, Doc, Are Emotional Intelligence and Humor Linked? w/Tabatha Mauldin
	Lakeshore 4	Using Humor to Enhance Your Leadership Skills w/David Jacobson
3:45 - 4:00 p		BREAK
4:00 - 5:00 p		<b>Breakout Sessions - Choose One</b>
	University A	From Uncomfortable to FUNcomfortable w/Bea Bincze
	University E	So You Want to Start A Podcast? w/Saranne Rothberg, MS
	Lakeshore 4	Intelligent Positivity w/David Lipton
5:00 - 6:30 p		BREAK
6:30 - 11:00 p	University ABCD	AATH Reception & Awards Banquet - Sock Hop

## Sunday, May 4 - Conference Day 3 - World Laughter Day

8:00 - 8:45 a	Lakeshore 123	Smiles Before Goodbyes
9:00 - 10:00 a	Lakeshore 123	<b>Keynote:</b> What’s So Funny About Aging? w/Mary Kay Morrison CHP
10:15 - 12:00 p	University ABCD	Celebrate World Laughter Day: Don’t Leave Laughter to Chance – Apply It! w/Cathy Grippi, CHP, CLYT
12:00 PM	University ABCD	Until We Laugh Again...