

2025 AATH Conference & Humor Academy Schedule At-A-Glance

Thursday, May 1 - Humor Academy Day

8:00 - 8:30 a

All Academy Welcome

8:30 - 11:30 a

Humor Academy Instruction

HA Level 1 Instruction *w/Mary Kay Morrison CHP*

HA Level 2 Instruction *w/Michael Cundall CHP*

HA Level 3 Instruction *w/Karyn Buxman CHP*

CHP Professional Growth *w/Mary Laskin CHP*

11:30 a - 12:30 p

Humor Academy Peace Luncheon

12:30 - 1:00 p

BREAK

All Conference Attendees Invited to Attend the HA Program

1:00 - 2:45 p

Humor Academy Project Presentations

3:00 - 4:00 p

HA KEYNOTE: How Becoming a Certified Humor Professional Enriched My Life *w/Brenda Elsagher CHP*

4:30 - 6:00 p

Humor Academy Graduation

6:00 - 7:30 p

AATH Welcome Reception

7:30 - 9:00 p

Talent Show

Friday, May 2 - Conference Day 1

8:00 - 8:30 a

Conference Opening

8:30 - 9:30 a

KEYNOTE: Mind Over Mirth: Exploring Cognitive Behavioral Theory and the Power of Humor *w/Robin Johnson CHP*

9:30 - 9:45 a

BREAK

9:45 - 10:45 a

Breakout Sessions - Choose One

1-2-3 A-B-C See How Fun AATH Can Be *w/Merry Mentors*

Finding the Funny In Life's Mishaps *w/Gina Ramsey*

Leading with Laughter: How Humor Built, Saved, and Sustains AATH *w/Roberta Gold & AATH Presidents*

10:45 - 11:00 a

BREAK

11:00 a - 12:00 p

Breakout Sessions - Choose One

Impotence, Incontinence and Insolence: Fun and Facts About Coping with Prostate Cancer with Hope and Humor *w/Dr. Brad Miller*

Can Humor Help Make a Town Happier? *w/Kate McGlynn*

Laughing Our Way Towards Peace: Envisioning a Peaceful Future through Laughter, Humor, and Play *w/Peace Fellows Team*

12:00 - 12:30 p

Humor Academy Poster Walk

12:30 - 1:30 p

LUNCH

1:30 - 2:45 p

Research Showcase

3:00 - 4:00 p

Breakout Sessions - Choose One

How to Use Humor Safely and Effectively *w/Patrick Harris*

The Spectrum of Improv: How Improv Supports Neurodiversity *w/Mallori DeSalle & Tamara Hamilton*

Seeing Demise Thru Humorous Eyes *w/Allen Klein*

4:00 - 4:15 p

BREAK

4:15 - 5:15 p

KEYNOTE: Ed Talks: Telling the Emperor He Has No Clothes Without Losing Your Head: The Role of Irreverence in Therapeutic Humor *w/Ed Dunkelblau*

5:15 - 7:00 p

BREAK - Dinner on Your Own

7:00 - 9:00 p

Timeless Memories Reunion

9:00 p

AATH Lifetime Member Dessert Reception - Invitation Only

Saturday, May 3 - Conference Day 2

8:00 - 8:15 a

Announcements

8:15 - 8:30 a

Grins & Gratitude: Honoring Our Scholarship & Fellowship Recipients and Sponsors

8:30 - 9:30 a

KEYNOTE: NeuroSpicy: Love, Life, & Comedy on the Spectrum *w/Dr. Sam Shay, DC, IFMCP*

9:30 - 9:45 a

BREAK

9:45 - 10:45 a

Breakout Sessions - Choose One

Enhancing Healthcare for Neurodiverse Patients: Practical Strategies for Inclusive Care *w/Dr. Sam Shay, DC, IFMCP*

Humor in the Workplace: How to Successfully Introduce Laughter into Corporate Culture *w/Brooklyn Dicient*

"Happy Lucky Me" How to make serious Japanese more playful *w/Masako Kusakari*

10:45 - 11:00 a

BREAK

11:00 a - 12:00 p

Breakout Sessions - Choose One

Indigenous Humor Meets Modern Technology: The power of YouTube for promoting peace through humor

w/Dana Kristiawan and Stephanie Knox Steiner, PhD

Laugh Therapy *w/Matthew Sharpe*

Back to Humor Through Generations Alpha, X, Y, Z, and Beyond *w/Debbie Derflinger & Patti O'Rourke*

12:00 - 1:00 p

LUNCH & AATH BOARD ELECTIONS

1:00 - 1:30 p

Say Cheese! AATH Group Picture

1:30 - 2:30 p

KEYNOTE: Living Fearlessly Daily: 15 Steps To Manifesting A Fearless Approach To Leadership And Life

w/Saranne Rothberg, MS

2:30 - 2:45 p

BREAK

2:45 - 3:45 p

Breakout Sessions - Choose One

Strengthening Your Resiliency: Making the Most of Life's Challenges through Improv *w/Mary Jo Neil*

Using Humor to Enhance Your Leadership Skills *w/David Jacobson*

Wait a minute, Doc, Are Emotional Intelligence and Humor Linked? *w/Tabatha Mauldin*

3:45 - 4:00 p

BREAK

4:00 - 5:00 p

Breakout Sessions - Choose One

From Uncomfortable to FUNcomfortable *w/Bea Bincze*

So You Want to Start a Podcast? *w/Saranne Rothberg, MS*

Intelligent Positivity *w/David Lipton*

5:00 - 6:30 p

BREAK

6:30 - 11:00 p

**AATH Reception & Awards Banquet —
Celebration, Remembrance, & Sock Hop**

Sunday, May 4 - Conference Day 3 - World Laughter Day

8:30 - 9:00 a

Announcements

9:00 - 10:00 a

KEYNOTE: What's So Funny About Aging? w/Mary Kay Morrison CHP

10:15 - 12:00 p

Don't Leave Laughter to Chance - Apply It! Plus, World Laughter Day Celebration! w/Cathy Grippi, CHP, CLYT

12:00 p

Last Laugh: Conference Wrap-Up

**Please Note: This schedule is subject to change.
Check back for updates as event details may be adjusted.**

